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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Risk No. | Phase | Identified Hazard | Consquence/s | Possibility | | | Measures | Further Measures |
|  |  |  |  | Low | Medium | High |  |  |
| 38 | Pre-Ride  Ride  Ride  Ride  Ride  Pre-Ride  Ride  Ride  Pre-Ride  Pre-Ride  Post-Ride | Covid-19 Virus | Riders contracting Covid-19 |  |  |  | Riders must not join rides if they display any Covid-19 symptoms, if someone in their household does, or they are in the extremely vulnerable category  The ride guide or another nominated person should record the names of members attending the Club Ride and send those names by email to the Club Secretary within 48 hours of completion of the ride  Strong hand hygiene to be practised  Riders must practise good respiratory hygiene (ie coughing/sneezing into a tissue or the crook of an elbow)  Ensure that all those involved maintain social distancing  Ensure that meeting points and planned stop points are sufficiently large to allow for adequate social distancing and separation between groups  Groups must be limited to six people, with time separation of at least 5 minutes between groups on the same route, fastest groups first.  Groups should avoid overtaking each other.  All riders need to be self-sufficient and should know the route; to this end, only experienced riders may join the rides – no new starters or juniors.  Riders must provide all their own equipment and refreshments if possible and avoid sharing the like of water bottles and food  If a rider develops symptoms of Covid-19, they should stop taking part and follow the Gov't "test & trace" guidelines. Any participant developing symptoms after a session should notify the Club Secretary so that other members of the group can be advised and all should refer to the latest NHS advice | All riders are responsible for their own personal behaviour and for advising the group if these guidelines are not being adhered to sufficiently.  Riders are advised to carry a face mask and surgical gloves so that in the event of an accident they may come to the assistance of a fellow rider should they choose to do so. |