

WCC Road Run List, July - Sep 2021

Date	Distance	Route	Map	Guides
26 June, Saturday 8am	87m lumpy	Barnt Green	Barnt Green	Martin P, Gerard
3 July, Saturday 7.30am	120m	Day Ride via Severn Bridge		Gerard, TBA
11 July, 8.30am	50m	Upton-on-Severn	Upton On Severn	Jack, Jim
18 July, 8.30am	65m H 32m H	Chipping Norton Chipping Campden	Chipping Camden	Joe Jim
25 July, 8.30am	52m	Long Marston	Long Marston Via Cleeve Prior	David, Jennie
1 August, 8.30am	51m H 35m H	Chalford Windrush (new route)	Chalford	Joe/David Gerard
8 August, 8.30am	53m	Clifford Chambers	Clifford Chambers	Martin P, Jim
15 August, 8.30am	63m H 41m H	Ledbury Clives via Lenches	Ledbury At Leisure Fladbury	Martin P Terry
22 August, 8.30am	100m	Meriden Cycling Memorial		Jack, Jim, Ben
29 August, 8.30am	40m	Defford and Tewkesbury	Defford Loop	TBA
5 Sept, 8.30am	80m H 30m H	Symonds Yat Longborough	Longborough	TBA TBA
12 Sept, 8.30am	60m	Birdwood	Birdwood	Jack, TBA
19 Sept, 8.30am	65m H 31m H	Malmesbury Northleach	Northleach	TBA TBA
26 Sept, 8.30am	53m semi H	Cerney Wick	South Cerney	TBA

- Rides start at 8.30am on Sunday from Library Car Park, unless otherwise specified.
- We plan to run 2 groups. The first group will average 16-18 mph and do the longer hillier rides; the second group will average 14-16 mph and will ride the shorter hillier rides. The faster group may add miles on to the flat routes on the day.
- Nominated guides are just that. They are not qualified ride leaders; they are there to indicate the route only.
- Coffee stops or takeaways will be organised nearer the time. However, riders are advised to take enough liquid and food to get them comfortably through the ride without the need for a coffee stop.
- Keep an eye out for messages on the WhatsApp group on the morning of every ride for last minute changes necessitated by illness, weather, etc.
- Make sure you have read the latest Rules for Club Rides and Risk Assessment before joining any Club Ride.